

Sandy Hook - January 2025

Times and Heights of High and Low Waters

1 Wed	02:16 -0.1 08:20 5.3 15:05 -0.5 20:50 4.1	9 Thu	03:12 4.9 10:02 0.1 15:42 3.9 22:00 -0.2	17 Fri	03:48 -0.1 09:57 4.6 16:23 -0.3 22:35 4.2	25 Sat	04:11 4.2 10:51 0.4 16:41 3.3 22:45 0.4
2 Thu	03:00 -0.1 09:03 5.2 15:45 -0.6 21:36 4.2	10 Fri	04:17 5.0 11:01 -0.2 16:49 4.0 22:57 -0.3	18 Sat	04:28 0.2 10:41 4.3 16:58 -0.1 23:21 4.1	26 Sun	05:06 4.5 11:40 0.1 17:35 3.5 23:35 0.2
3 Fri	03:45 -0.1 09:51 5.1 16:26 -0.5 22:27 4.3	11 Sat	05:18 5.1 11:56 -0.4 17:49 4.1 23:51 -0.3	19 Sun	05:10 0.4 11:25 4.0 17:34 0.1	27 Mon	05:54 4.8 12:28 -0.2 18:22 3.8
4 Sat	04:32 -0.1 10:43 4.9 17:09 -0.5 23:22 4.4	12 Sun	06:12 5.2 12:49 -0.5 18:42 4.2	20 Mon	00:05 4.0 05:57 0.6 12:09 3.7 18:14 0.4	28 Tue	00:23 -0.1 06:38 5.1 13:14 -0.5 19:05 4.1
5 Sun	05:26 0.1 11:39 4.7 17:58 -0.4	13 Mon	00:44 -0.4 07:01 5.3 13:39 -0.6 19:31 4.3	21 Tue	00:49 4.0 06:54 0.8 12:54 3.5 19:02 0.5	29 Wed	01:12 -0.3 07:21 5.3 13:59 -0.7 19:47 4.3
6 Mon	00:18 4.6 06:31 0.3 12:36 4.4 18:54 -0.3	14 Tue	01:35 -0.4 07:47 5.2 14:25 -0.7 20:18 4.4	22 Wed	01:32 4.0 07:58 0.9 13:41 3.3 19:59 0.7	30 Thu	02:01 -0.5 08:04 5.4 14:41 -0.9 20:31 4.5
7 Tue	01:13 4.7 07:45 0.3 13:33 4.2 19:56 -0.2	15 Wed	02:23 -0.3 08:31 5.1 15:07 -0.6 21:04 4.3	23 Thu	02:19 4.0 09:01 0.8 14:35 3.2 20:57 0.7	31 Fri	02:48 -0.6 08:49 5.3 15:22 -1.0 21:17 4.7
8 Wed	02:10 4.8 08:57 0.2 14:35 4.0 20:59 -0.2	16 Thu	03:07 -0.2 09:14 4.9 15:46 -0.5 21:50 4.3	24 Fri	03:12 4.1 09:59 0.6 15:38 3.2 21:53 0.6		

Slack water at Sandy Hook occurs 50 minutes after H.W. and 1 hour and 10 minutes after L.W. and lasts about 25 minutes.

The phase age of the tide is the interval by which spring tides follow full or new moon, and thus likewise the interval by which neap tide follows the moon's first and third quarters. The phase of the tides at Ft. Hamilton is 26.5 hours.

Sandy Hook - February 2025

Times and Heights of High and Low Waters

1 Sat	03:34 -0.7 09:36 5.2 16:02 -1.0 22:06 4.8	9 Sun	05:06 4.7 11:42 -0.2 17:38 4.0 23:40 -0.1	17 Mon	04:36 0.2 10:42 3.9 16:45 0.1 23:14 4.2	25 Tue	05:26 4.8 11:58 -0.2 17:55 4.1
2 Sun	04:22 -0.5 10:27 4.9 16:44 -0.8 22:59 4.8	10 Mon	06:01 4.8 12:32 -0.4 18:29 4.2	18 Tue	05:15 0.4 11:23 3.7 17:16 0.4 23:55 4.1	26 Wed	00:02 -0.2 06:15 5.1 12:44 -0.6 18:40 4.5
3 Mon	05:14 -0.3 11:21 4.6 17:31 -0.6 23:55 4.8	11 Tue	00:31 -0.2 06:47 4.9 13:18 -0.5 19:14 4.4	19 Wed	06:01 0.7 12:08 3.4 17:53 0.6	27 Thu	00:53 -0.5 07:00 5.4 13:29 -0.9 19:24 4.9
4 Tue	06:16 -0.0 12:18 4.2 18:25 -0.3	12 Wed	01:19 -0.3 07:29 5.0 ○ 14:00 -0.6 19:56 4.5	20 Thu	00:38 4.0 07:02 0.8 ◐ 12:56 3.3 18:47 0.8	28 Fri	01:44 -0.8 07:44 5.5 ● 14:13 -1.1 20:08 5.2
5 Wed	00:51 4.8 07:27 0.2 ◐ 13:17 3.9 19:30 -0.1	13 Thu	02:03 -0.3 08:09 4.9 14:39 -0.6 20:37 4.5	21 Fri	01:25 4.0 08:13 0.9 13:50 3.1 20:03 0.9		
6 Thu	01:49 4.7 08:41 0.2 14:20 3.7 20:39 0.1	14 Fri	02:45 -0.3 08:47 4.7 15:14 -0.5 21:16 4.5	22 Sat	02:20 4.0 09:20 0.7 14:54 3.1 21:15 0.8		
7 Fri	02:53 4.6 09:48 0.1 15:28 3.6 21:45 0.1	15 Sat	03:23 -0.2 09:25 4.5 15:46 -0.3 21:55 4.4	23 Sun	03:25 4.1 10:18 0.5 16:04 3.3 22:16 0.5		
8 Sat	04:01 4.6 10:49 -0.0 16:38 3.7 22:45 -0.0	16 Sun	04:00 -0.0 10:03 4.2 16:16 -0.1 22:34 4.3	24 Mon	04:30 4.4 11:10 0.1 17:04 3.6 23:10 0.2		

Slack water at Sandy Hook occurs 50 minutes after H.W. and 1 hour and 10 minutes after L.W. and lasts about 25 minutes.

The phase age of the tide is the interval by which spring tides follow full or new moon, and thus likewise the interval by which neap tide follows the moon's first and third quarters. The phase of the tides at Ft. Hamilton is 26.5 hours.

TIMES ADJUSTED FOR DAYLIGHT SAVINGS TIME

Sandy Hook - March 2025

Times and Heights of High and Low Waters

1 Sat	02:33 -0.9 08:30 5.4 14:56 -1.1 20:54 5.4	9 Sun	04:45 4.4 11:31 0.2 17:24 3.9 23:33 0.3	17 Mon	04:34 -0.0 10:29 4.2 16:39 0.1 22:49 4.7	25 Tue	04:51 4.5 11:35 0.2 17:30 4.1 23:46 0.3
2 Sun	03:21 -0.9 09:18 5.2 15:38 -1.1 21:43 5.4	10 Mon	05:50 4.5 12:22 0.0 18:22 4.1	18 Tue	05:08 0.2 11:05 4.0 17:06 0.3 23:23 4.5	26 Wed	05:53 4.9 12:23 -0.2 18:24 4.6
3 Mon	04:10 -0.8 10:10 4.9 16:21 -0.8 22:36 5.3	11 Tue	00:26 0.2 06:43 4.6 13:08 -0.1 19:10 4.4	19 Wed	05:43 0.4 11:44 3.7 17:34 0.6	27 Thu	00:40 -0.1 06:47 5.2 13:10 -0.5 19:13 5.1
4 Tue	05:01 -0.5 11:06 4.5 17:07 -0.5 23:32 5.1	12 Wed	01:14 0.0 07:27 4.8 13:49 -0.3 19:52 4.6	20 Thu	00:02 4.3 06:23 0.6 12:29 3.5 18:06 0.8	28 Fri	01:33 -0.5 07:35 5.4 13:56 -0.8 19:59 5.6
5 Wed	06:00 -0.1 12:05 4.2 18:03 -0.1	13 Thu	01:58 -0.1 08:06 4.8 14:28 -0.3 20:30 4.8	21 Fri	00:47 4.2 07:15 0.8 13:21 3.4 18:52 1.0	29 Sat	02:25 -0.8 08:22 5.5 ● 14:42 -0.9 ● 20:44 5.9
6 Thu	00:31 4.9 07:10 0.2 ● 13:06 3.9 ● 19:10 0.3	14 Fri	02:41 -0.2 08:43 4.8 ○ 15:04 -0.3 ○ 21:06 4.9	22 Sat	01:39 4.2 08:27 0.9 ● 14:17 3.4 ● 20:10 1.1	30 Sun	03:17 -0.9 09:10 5.4 15:28 -1.0 21:31 6.0
7 Fri	01:32 4.6 08:24 0.4 14:09 3.8 20:24 0.5	15 Sat	03:21 -0.2 09:19 4.6 15:38 -0.2 21:41 4.9	23 Sun	02:37 4.2 09:40 0.8 15:18 3.4 21:39 1.0	31 Mon	04:07 -0.9 10:00 5.2 16:14 -0.8 22:21 5.9
8 Sat	02:36 4.5 09:33 0.3 15:16 3.7 21:33 0.4	16 Sun	03:58 -0.2 09:54 4.5 16:09 -0.1 22:15 4.8	24 Mon	03:42 4.3 10:42 0.6 16:26 3.7 22:48 0.7		

Slack water at Sandy Hook occurs 50 minutes after H.W. and 1 hour and 10 minutes after L.W. and lasts about 25 minutes.

The phase age of the tide is the interval by which spring tides follow full or new moon, and thus likewise the interval by which neap tide follows the moon's first and third quarters. The phase of the tides at Ft. Hamilton is 26.5 hours.

TIMES ADJUSTED FOR DAYLIGHT SAVINGS TIME

Sandy Hook - April 2025

Times and Heights of High and Low Waters

1 Tue 04:56 -0.7 10:54 4.9 17:00 -0.5 23:15 5.7	9 Wed 00:05 0.5 06:14 4.5 12:34 0.2 18:43 4.7	17 Thu 05:22 0.4 11:16 3.8 17:07 0.9 23:21 4.7	25 Fri 00:18 0.0 06:17 5.1 12:35 -0.4 18:45 5.7
2 Wed 05:48 -0.4 11:52 4.6 17:49 -0.1	10 Thu 00:51 0.3 06:59 4.6 13:13 0.1 19:22 5.0	18 Fri 06:00 0.6 12:03 3.7 17:41 1.0	26 Sat 01:13 -0.4 07:10 5.3 13:23 -0.6 19:33 6.1
3 Thu 00:13 5.3 06:46 -0.0 12:54 4.3 18:45 0.3	11 Fri 01:34 0.2 07:38 4.7 13:50 0.1 19:59 5.2	19 Sat 00:09 4.6 06:48 0.8 12:57 3.7 18:26 1.2	27 Sun 02:07 -0.6 08:01 5.4 14:13 -0.7 ● 20:21 6.3
4 Fri 01:14 5.0 07:52 0.3 13:55 4.2 19:54 0.7	12 Sat 02:15 0.1 08:15 4.6 14:26 0.1 20:34 5.2	20 Sun 01:06 4.5 07:51 0.9 13:54 3.7 19:39 1.3	28 Mon 03:00 -0.7 08:51 5.3 15:03 -0.6 21:10 6.3
5 Sat 02:15 4.7 09:04 0.5 ● 14:56 4.1 21:08 0.8	13 Sun 02:55 0.0 08:50 4.6 ○ 15:01 0.2 21:07 5.2	21 Mon 02:06 4.5 09:00 0.8 ● 14:51 3.9 21:08 1.2	29 Tue 03:52 -0.7 09:44 5.2 15:53 -0.5 22:01 6.1
6 Sun 03:16 4.5 10:09 0.5 15:59 4.1 22:17 0.8	14 Mon 03:34 0.0 09:25 4.4 15:35 0.3 21:39 5.1	22 Tue 03:08 4.6 10:02 0.6 15:52 4.2 22:21 0.8	30 Wed 04:43 -0.6 10:40 4.9 16:42 -0.2 22:56 5.8
7 Mon 04:20 4.4 11:05 0.4 17:01 4.2 23:15 0.7	15 Tue 04:11 0.1 10:01 4.2 16:07 0.5 22:11 5.0	23 Wed 04:13 4.7 10:57 0.3 16:54 4.7 23:22 0.4	
8 Tue 05:22 4.4 11:52 0.3 17:56 4.5	16 Wed 04:46 0.3 10:37 4.0 16:37 0.7 22:43 4.8	24 Thu 05:18 4.9 11:46 -0.1 17:52 5.2	

Slack water at Sandy Hook occurs 50 minutes after H.W. and 1 hour and 10 minutes after L.W. and lasts about 25 minutes.

The phase age of the tide is the interval by which spring tides follow full or new moon, and thus likewise the interval by which neap tide follows the moon's first and third quarters. The phase of the tides at Ft. Hamilton is 26.5 hours.

TIMES ADJUSTED FOR DAYLIGHT SAVINGS TIME

Sandy Hook - May 2025

Times and Heights of High and Low Waters

1 Thu	05:34 -0.3 11:39 4.7 17:33 0.2 23:55 5.4	9 Fri	00:23 0.6 06:23 4.4 12:32 0.5 18:49 5.2	17 Sat	05:45 0.5 11:46 3.9 17:28 1.1 23:48 4.9	25 Sun	00:54 -0.2 06:47 5.0 12:54 -0.3 19:11 6.3
2 Fri	06:29 0.0 12:41 4.5 18:29 0.6	10 Sat	01:06 0.5 07:06 4.4 13:10 0.4 19:26 5.3	18 Sun	06:29 0.6 12:40 4.0 18:16 1.2	26 Mon	01:50 -0.4 07:41 5.1 13:47 -0.3 20:02 6.4
3 Sat	00:56 5.1 07:31 0.3 13:41 4.4 19:34 0.9	11 Sun	01:48 0.3 07:45 4.4 13:48 0.5 20:02 5.4	19 Mon	00:44 4.8 07:22 0.7 13:34 4.2 19:23 1.2	27 Tue	02:45 -0.5 08:35 5.1 14:42 -0.3 20:52 6.3
4 Sun 	01:54 4.8 08:35 0.5 14:38 4.4 20:45 1.1	12 Mon 	02:30 0.2 08:23 4.4 14:26 0.5 20:36 5.4	20 Tue 	01:42 4.8 08:22 0.6 14:27 4.4 20:44 1.1	28 Wed	03:38 -0.5 09:29 5.0 15:35 -0.1 21:45 6.1
5 Mon	02:50 4.6 09:36 0.6 15:33 4.4 21:51 1.1	13 Tue	03:11 0.2 09:01 4.3 15:04 0.6 21:09 5.3	21 Wed	02:40 4.8 09:22 0.5 15:23 4.8 21:56 0.9	29 Thu	04:29 -0.4 10:25 4.9 16:26 0.1 22:39 5.8
6 Tue	03:45 4.4 10:28 0.6 16:28 4.5 22:48 1.0	14 Wed	03:50 0.2 09:38 4.2 15:41 0.8 21:42 5.2	22 Thu	03:41 4.8 10:18 0.2 16:22 5.2 23:00 0.5	30 Fri	05:18 -0.2 11:24 4.8 17:17 0.4 23:35 5.5
7 Wed	04:42 4.3 11:14 0.5 17:21 4.7 23:38 0.8	15 Thu	04:28 0.3 10:16 4.1 16:16 0.9 22:17 5.1	23 Fri	04:45 4.8 11:11 -0.0 17:22 5.6 23:58 0.2	31 Sat	06:09 0.0 12:23 4.7 18:10 0.7
8 Thu	05:36 4.3 11:54 0.5 18:07 5.0	16 Fri	05:06 0.4 10:58 4.0 16:50 1.0 22:58 5.0	24 Sat	05:49 4.9 12:03 -0.2 18:18 6.0		

Slack water at Sandy Hook occurs 50 minutes after H.W. and 1 hour and 10 minutes after L.W. and lasts about 25 minutes.

The phase age of the tide is the interval by which spring tides follow full or new moon, and thus likewise the interval by which neap tide follows the moon's first and third quarters. The phase of the tides at Ft. Hamilton is 26.5 hours.

TIMES ADJUSTED FOR DAYLIGHT SAVINGS TIME

Sandy Hook - June 2025

Times and Heights of High and Low Waters

1 Sun	00:32 5.1 07:02 0.3 13:19 4.6 19:08 1.0	9 Mon	01:20 0.5 07:17 4.2 13:12 0.7 19:32 5.4	17 Tue	00:26 5.1 06:54 0.4 13:12 4.6 19:10 1.0	25 Wed ●	02:30 -0.3 08:21 4.9 14:25 -0.0 20:38 6.1
2 Mon	01:26 4.9 07:57 0.5 14:10 4.6 20:12 1.2	10 Tue	02:04 0.4 07:58 4.2 13:55 0.8 20:09 5.4	18 Wed ◐	01:21 4.9 07:47 0.4 14:04 4.9 20:23 1.0	26 Thu	03:23 -0.3 09:14 5.0 15:19 0.1 21:29 6.0
3 Tue ◑	02:17 4.6 08:52 0.7 14:59 4.7 21:15 1.3	11 Wed ○	02:48 0.3 08:38 4.2 14:38 0.8 20:45 5.4	19 Thu	02:17 4.8 08:45 0.3 14:57 5.2 21:35 0.8	27 Fri	04:12 -0.3 10:08 4.9 16:10 0.2 22:20 5.7
4 Wed	03:06 4.4 09:42 0.7 15:48 4.7 22:13 1.2	12 Thu	03:31 0.3 09:18 4.2 15:20 0.8 21:22 5.4	20 Fri	03:15 4.7 09:44 0.2 15:54 5.5 22:41 0.6	28 Sat	04:57 -0.2 11:02 4.9 16:58 0.4 23:11 5.4
5 Thu	03:57 4.2 10:27 0.7 16:37 4.8 23:04 1.0	13 Fri	04:11 0.2 09:58 4.2 16:00 0.8 22:00 5.3	21 Sat	04:18 4.6 10:41 0.1 16:55 5.7 23:42 0.3	29 Sun	05:42 0.0 11:56 4.8 17:45 0.7
6 Fri	04:50 4.1 11:10 0.7 17:26 5.0 23:51 0.8	14 Sat	04:49 0.3 10:41 4.2 16:39 0.9 22:43 5.3	22 Sun	05:26 4.6 11:37 0.0 17:57 5.9	30 Mon	00:02 5.1 06:26 0.3 12:47 4.8 18:36 1.0
7 Sat	05:44 4.1 11:51 0.7 18:12 5.2	15 Sun	05:28 0.3 11:29 4.2 17:21 0.9 23:32 5.2	23 Mon	00:39 0.1 06:29 4.7 12:33 -0.1 18:53 6.1		
8 Sun	00:36 0.7 06:32 4.1 12:31 0.7 18:53 5.3	16 Mon	06:09 0.3 12:20 4.4 18:09 1.0	24 Tue	01:35 -0.1 07:26 4.8 13:29 -0.1 19:46 6.2		

Slack water at Sandy Hook occurs 50 minutes after H.W. and 1 hour and 10 minutes after L.W. and lasts about 25 minutes.

The phase age of the tide is the interval by which spring tides follow full or new moon, and thus likewise the interval by which neap tide follows the moon's first and third quarters. The phase of the tides at Ft. Hamilton is 26.5 hours.

TIMES ADJUSTED FOR DAYLIGHT SAVINGS TIME

Sandy Hook - July 2025

Times and Heights of High and Low Waters

1 Tue	00:52 4.8 07:11 0.5 13:35 4.8 19:31 1.2	9 Wed	01:38 0.5 07:33 4.2 13:28 0.8 19:45 5.5	17 Thu	01:02 4.9 07:16 0.2 13:41 5.3 20:06 0.9	25 Fri	03:03 -0.2 08:57 5.0 15:02 0.2 21:10 5.8
2 Wed ☾	01:39 4.5 07:59 0.7 14:20 4.8 20:31 1.3	10 Thu ☉	02:24 0.3 08:15 4.3 14:15 0.7 20:24 5.6	18 Fri ☾	01:58 4.7 08:13 0.3 14:35 5.4 21:18 0.8	26 Sat	03:49 -0.2 09:46 5.1 15:50 0.3 21:56 5.6
3 Thu	02:25 4.3 08:47 0.9 15:05 4.8 21:31 1.3	11 Fri	03:07 0.2 08:56 4.4 15:00 0.7 21:04 5.6	19 Sat	02:56 4.5 09:17 0.4 15:32 5.5 22:26 0.7	27 Sun	04:30 -0.1 10:33 5.0 16:35 0.4 22:41 5.3
4 Fri	03:12 4.0 09:36 1.0 15:51 4.8 22:26 1.2	12 Sat	03:48 0.1 09:37 4.5 15:44 0.6 21:44 5.6	20 Sun	04:01 4.4 10:20 0.3 16:36 5.6 23:28 0.5	28 Mon	05:08 0.1 11:20 5.0 17:17 0.6 23:26 5.0
5 Sat	04:04 3.9 10:24 1.0 16:41 4.9 23:17 1.1	13 Sun	04:27 -0.0 10:19 4.6 16:27 0.6 22:28 5.5	21 Mon	05:10 4.4 11:21 0.3 17:41 5.7	29 Tue	05:45 0.3 12:07 4.9 18:01 0.9
6 Sun	05:01 3.9 11:11 1.0 17:32 5.0	14 Mon	05:05 -0.0 11:06 4.7 17:11 0.6 23:15 5.3	22 Tue	00:26 0.3 06:16 4.5 12:19 0.2 18:41 5.8	30 Wed	00:12 4.7 06:22 0.6 12:52 4.8 18:48 1.1
7 Mon	00:05 0.9 05:58 3.9 11:57 0.9 18:20 5.1	15 Tue	05:44 0.0 11:56 4.9 18:00 0.7	23 Wed	01:21 0.1 07:14 4.7 13:16 0.2 19:34 5.9	31 Thu	00:58 4.4 07:01 0.8 13:36 4.8 19:42 1.3
8 Tue	00:52 0.7 06:48 4.0 12:42 0.9 19:04 5.3	16 Wed	00:07 5.1 06:27 0.1 12:48 5.1 18:57 0.8	24 Thu ☉	02:14 -0.1 08:07 4.9 14:10 0.2 20:24 5.9		


Slack water at Sandy Hook occurs 50 minutes after H.W. and 1 hour and 10 minutes after L.W. and lasts about 25 minutes.

The phase age of the tide is the interval by which spring tides follow full or new moon, and thus likewise the interval by which neap tide follows the moon's first and third quarters. The phase of the tides at Ft. Hamilton is 26.5 hours.

TIMES ADJUSTED FOR DAYLIGHT SAVINGS TIME

Sandy Hook - August 2025

Times and Heights of High and Low Waters

1 Fri 	01:43 4.1 07:46 1.1 14:20 4.7 20:43 1.4	9 Sat 	02:38 0.1 08:30 4.8 14:40 0.4 20:42 5.8	17 Sun	02:45 4.4 08:59 0.6 15:17 5.4 22:14 0.8	25 Mon	03:56 0.1 09:59 5.3 16:09 0.4 22:08 5.2
2 Sat	02:30 3.9 08:39 1.2 15:05 4.7 21:45 1.4	10 Sun	03:20 -0.1 09:11 5.0 15:26 0.3 21:24 5.8	18 Mon	03:51 4.3 10:09 0.7 16:23 5.4 23:17 0.6	26 Tue	04:31 0.2 10:40 5.2 16:48 0.6 22:48 4.9
3 Sun	03:21 3.8 09:37 1.3 15:55 4.7 22:42 1.3	11 Mon	04:00 -0.2 09:53 5.2 16:12 0.2 22:08 5.7	19 Tue	05:01 4.4 11:12 0.6 17:30 5.4	27 Wed	05:04 0.5 11:21 5.1 17:27 0.8 23:30 4.6
4 Mon	04:20 3.7 10:34 1.3 16:51 4.8 23:34 1.0	12 Tue	04:39 -0.3 10:39 5.4 16:58 0.2 22:56 5.4	20 Wed	00:13 0.4 06:06 4.6 12:10 0.5 18:30 5.6	28 Thu	05:35 0.7 12:03 4.9 18:07 1.1
5 Tue	05:23 3.8 11:26 1.1 17:47 5.0	13 Wed	05:18 -0.2 11:29 5.5 17:47 0.4 23:49 5.2	21 Thu	01:04 0.2 07:02 4.8 13:04 0.4 19:21 5.7	29 Fri	00:15 4.3 06:07 1.0 12:47 4.8 18:54 1.3
6 Wed	00:23 0.8 06:19 4.0 12:16 1.0 18:36 5.3	14 Thu	06:00 -0.0 12:23 5.5 18:43 0.6	22 Fri	01:53 0.1 07:51 5.1 13:55 0.3 20:06 5.7	30 Sat	01:03 4.0 06:45 1.3 13:32 4.7 19:53 1.5
7 Thu	01:09 0.5 07:07 4.3 13:04 0.8 19:20 5.5	15 Fri	00:46 4.9 06:50 0.2 13:19 5.5 19:51 0.8	23 Sat 	02:38 -0.0 08:35 5.2 14:43 0.3 20:48 5.6	31 Sun 	01:52 3.9 07:38 1.5 14:19 4.6 21:01 1.5
8 Fri	01:55 0.3 07:49 4.5 13:52 0.6 20:02 5.7	16 Sat 	01:45 4.6 07:50 0.5 14:16 5.5 21:04 0.9	24 Sun	03:19 -0.0 09:18 5.3 15:27 0.3 21:28 5.5		

Slack water at Sandy Hook occurs 50 minutes after H.W. and 1 hour and 10 minutes after L.W. and lasts about 25 minutes.

The phase age of the tide is the interval by which spring tides follow full or new moon, and thus likewise the interval by which neap tide follows the moon's first and third quarters. The phase of the tides at Ft. Hamilton is 26.5 hours.

TIMES ADJUSTED FOR DAYLIGHT SAVINGS TIME

Sandy Hook - September 2025

Times and Heights of High and Low Waters

1 Mon	02:45 3.8 08:49 1.6 15:11 4.6 22:06 1.4	9 Tue	03:29 -0.4 09:27 5.9 15:56 -0.1 21:48 5.7	17 Wed	04:51 4.5 11:04 0.8 17:16 5.2 23:55 0.5	25 Thu	04:25 0.6 10:36 5.2 16:57 0.7 22:52 4.4
2 Tue	03:43 3.8 09:58 1.5 16:09 4.7 23:02 1.2	10 Wed	04:10 -0.4 10:13 6.0 16:44 -0.0 22:37 5.4	18 Thu	05:53 4.8 11:59 0.7 18:14 5.3	26 Fri	04:55 0.9 11:13 5.0 17:34 1.0 23:35 4.2
3 Wed	04:47 3.9 10:58 1.3 17:10 5.0 23:51 0.8	11 Thu	04:53 -0.2 11:04 5.9 17:34 0.2 23:32 5.1	19 Fri	00:42 0.3 06:45 5.0 12:49 0.5 19:01 5.4	27 Sat	05:25 1.1 11:55 4.8 18:16 1.2
4 Thu	05:47 4.2 11:50 1.0 18:05 5.3	12 Fri	05:38 0.1 12:00 5.8 18:30 0.5	20 Sat	01:25 0.2 07:29 5.3 13:36 0.4 19:43 5.4	28 Sun	00:24 4.0 05:59 1.4 12:43 4.7 19:09 1.4
5 Fri	00:37 0.5 06:36 4.6 12:40 0.7 18:52 5.6	13 Sat	00:33 4.8 06:29 0.4 13:01 5.6 19:37 0.8	21 Sun ●	02:06 0.2 08:09 5.5 14:20 0.4 20:22 5.4	29 Mon ◐	01:18 3.8 06:44 1.6 13:35 4.6 20:17 1.5
6 Sat	01:21 0.2 07:20 5.0 13:29 0.4 19:36 5.8	14 Sun ◑	01:36 4.6 07:34 0.7 14:02 5.4 20:51 0.9	22 Mon	02:44 0.2 08:47 5.5 15:03 0.4 20:59 5.2	30 Tue	02:13 3.8 07:59 1.7 14:30 4.6 21:26 1.4
7 Sun ○	02:04 -0.1 08:01 5.4 14:18 0.1 20:18 5.9	15 Mon	02:39 4.4 08:48 0.9 15:05 5.3 22:02 0.8	23 Tue	03:19 0.3 09:23 5.5 15:42 0.4 21:36 5.0		
8 Mon	02:47 -0.3 08:43 5.7 15:07 -0.0 21:02 5.9	16 Tue	03:44 4.4 10:01 0.9 16:11 5.2 23:03 0.7	24 Wed	03:53 0.4 09:59 5.4 16:20 0.5 22:13 4.7		

Slack water at Sandy Hook occurs 50 minutes after H.W. and 1 hour and 10 minutes after L.W. and lasts about 25 minutes.

The phase age of the tide is the interval by which spring tides follow full or new moon, and thus likewise the interval by which neap tide follows the moon's first and third quarters. The phase of the tides at Ft. Hamilton is 26.5 hours.

TIMES ADJUSTED FOR DAYLIGHT SAVINGS TIME

Sandy Hook - October 2025

Times and Heights of High and Low Waters

1 Wed	03:09 3.9 09:22 1.6 15:28 4.7 22:24 1.1	9 Thu	03:44 -0.4 09:50 6.4 16:29 -0.3 22:21 5.3	17 Fri	05:31 4.9 11:43 0.8 17:48 5.0	25 Sat	04:24 0.9 10:32 5.1 17:10 0.8 23:03 4.0
2 Thu	04:10 4.1 10:28 1.4 16:29 4.9 23:15 0.8	10 Fri	04:31 -0.2 10:43 6.2 17:21 -0.0 23:19 5.0	18 Sat	00:13 0.4 06:20 5.1 12:30 0.6 18:35 5.0	26 Sun	04:55 1.1 11:11 4.9 17:49 1.0 23:52 3.8
3 Fri	05:09 4.4 11:24 1.0 17:28 5.2	11 Sat	05:20 0.1 11:41 5.9 18:17 0.3	19 Sun	00:52 0.3 07:02 5.4 13:13 0.5 19:17 5.0	27 Mon	05:29 1.3 11:59 4.7 18:36 1.1
4 Sat	00:00 0.4 06:02 4.9 12:16 0.6 18:21 5.5	12 Sun	00:22 4.7 06:15 0.5 12:45 5.6 19:22 0.6	20 Mon	01:30 0.3 07:40 5.5 13:56 0.4 19:55 5.0	28 Tue	00:47 3.8 06:12 1.5 12:54 4.6 19:35 1.2
5 Sun	00:44 0.1 06:49 5.4 13:06 0.2 19:08 5.7	13 Mon	01:27 4.6 07:21 0.9 13:48 5.3 20:34 0.8	21 Tue	02:07 0.3 08:16 5.6 14:37 0.3 20:31 4.9	29 Wed	01:43 3.8 07:17 1.6 13:52 4.6 20:41 1.1
6 Mon	01:28 -0.2 07:33 5.9 13:57 -0.1 19:54 5.8	14 Tue	02:30 4.5 08:36 1.1 14:50 5.1 21:42 0.7	22 Wed	02:43 0.4 08:50 5.6 15:17 0.4 21:08 4.7	30 Thu	02:37 4.0 08:44 1.5 14:49 4.7 21:41 0.9
7 Tue	02:13 -0.4 08:16 6.2 14:48 -0.3 20:40 5.8	15 Wed	03:32 4.5 09:48 1.1 15:52 5.0 22:40 0.6	23 Thu	03:18 0.6 09:24 5.4 15:56 0.4 21:44 4.5	31 Fri	03:32 4.2 09:57 1.2 15:48 4.8 22:34 0.6
8 Wed	02:59 -0.4 09:02 6.4 15:39 -0.3 21:28 5.6	16 Thu	04:33 4.6 10:50 0.9 16:53 4.9 23:30 0.5	24 Fri	03:51 0.7 09:58 5.3 16:33 0.6 22:22 4.2		

Slack water at Sandy Hook occurs 50 minutes after H.W. and 1 hour and 10 minutes after L.W. and lasts about 25 minutes.

The phase age of the tide is the interval by which spring tides follow full or new moon, and thus likewise the interval by which neap tide follows the moon's first and third quarters. The phase of the tides at Ft. Hamilton is 26.5 hours.

TIMES ADJUSTED FOR DAYLIGHT SAVINGS TIME

Sandy Hook - November 2025

Times and Heights of High and Low Waters

1 Sat	04:29 4.6 10:57 0.8 16:49 5.0 23:22 0.2	9 Sun	04:06 0.1 10:25 5.7 17:02 0.0 23:10 4.6	17 Mon	05:32 5.2 11:49 0.4 17:48 4.4 23:54 0.3	25 Tue	04:12 1.0 10:29 4.7 17:10 0.6 23:18 3.7
2 Sun	04:26 5.1 10:52 0.4 16:48 5.1 23:08 -0.1	10 Mon	05:01 0.4 11:28 5.4 18:02 0.3	18 Tue	06:11 5.3 12:31 0.3 18:29 4.4	26 Wed	04:54 1.1 11:22 4.6 17:58 0.6
3 Mon	05:17 5.7 11:45 -0.0 17:41 5.3 23:54 -0.4	11 Tue	00:13 4.5 06:04 0.8 12:29 5.1 19:08 0.5	19 Wed	00:31 0.4 06:47 5.4 13:13 0.2 19:07 4.4	27 Thu	00:11 3.9 05:51 1.2 12:18 4.6 18:54 0.6
4 Tue	06:06 6.1 12:38 -0.3 18:31 5.4	12 Wed 	01:13 4.5 07:16 1.0 13:27 4.8 20:11 0.5	20 Thu 	01:10 0.4 07:22 5.4 13:54 0.2 19:45 4.3	28 Fri 	01:03 4.1 07:08 1.1 13:13 4.5 19:53 0.5
5 Wed 	00:42 -0.5 06:53 6.4 13:31 -0.5 19:21 5.4	13 Thu	02:09 4.5 08:25 1.0 14:23 4.6 21:07 0.5	21 Fri	01:48 0.5 07:57 5.3 14:35 0.2 20:22 4.2	29 Sat	01:56 4.4 08:25 0.9 14:11 4.5 20:50 0.2
6 Thu	01:32 -0.5 07:41 6.5 14:24 -0.6 20:12 5.3	14 Fri	03:05 4.6 09:26 0.9 15:19 4.5 21:55 0.4	22 Sat	02:26 0.6 08:31 5.1 15:13 0.3 21:00 4.0	30 Sun	02:51 4.8 09:31 0.6 15:13 4.5 21:43 -0.0
7 Fri	02:23 -0.5 08:31 6.4 15:16 -0.5 21:07 5.1	15 Sat	03:59 4.8 10:19 0.8 16:14 4.4 22:37 0.4	23 Sun	03:02 0.7 09:06 5.0 15:51 0.4 21:41 3.9		
8 Sat	03:14 -0.3 09:26 6.1 16:08 -0.3 22:06 4.8	16 Sun	04:48 5.0 11:05 0.6 17:04 4.4 23:16 0.4	24 Mon	03:37 0.9 09:44 4.8 16:29 0.5 22:26 3.8		

Slack water at Sandy Hook occurs 50 minutes after H.W. and 1 hour and 10 minutes after L.W. and lasts about 25 minutes.

The phase age of the tide is the interval by which spring tides follow full or new moon, and thus likewise the interval by which neap tide follows the moon's first and third quarters. The phase of the tides at Ft. Hamilton is 26.5 hours.

Sandy Hook - December 2025

Times and Heights of High and Low Waters

1 Mon	03:51 5.2 10:30 0.2 16:17 4.6 22:35 -0.3	9 Tue	04:44 0.1 11:06 5.1 17:35 -0.1 23:50 4.4	17 Wed	05:41 4.9 12:06 0.2 18:04 3.9	25 Thu	04:42 0.5 10:55 4.6 17:24 0.0 23:39 4.0
2 Tue	04:49 5.6 11:26 -0.2 17:17 4.7 23:26 -0.5	10 Wed	05:41 0.5 12:02 4.8 18:31 0.1	18 Thu	00:01 0.3 06:22 5.0 12:50 0.1 18:45 3.9	26 Fri	05:32 0.6 11:48 4.4 18:11 0.1
3 Wed	05:43 6.0 12:21 -0.5 18:12 4.9	11 Thu	00:46 4.4 06:44 0.7 12:56 4.5 19:28 0.3	19 Fri	00:43 0.3 07:00 5.0 13:33 -0.0 19:25 3.9	27 Sat	00:30 4.3 06:39 0.7 12:43 4.3 19:07 0.0
4 Thu ○	00:19 -0.6 06:35 6.2 13:16 -0.7 19:05 4.9	12 Fri	01:37 4.4 07:51 0.9 13:47 4.2 20:22 0.4	20 Sat ●	01:25 0.3 07:36 5.0 14:15 -0.1 20:04 3.9	28 Sun	01:23 4.5 07:56 0.6 13:41 4.2 20:08 -0.0
5 Fri	01:13 -0.6 07:26 6.2 14:10 -0.8 19:59 4.9	13 Sat	02:28 4.4 08:53 0.8 14:38 4.0 21:12 0.4	21 Sun	02:07 0.3 08:12 5.0 14:54 -0.1 20:42 3.9	29 Mon	02:19 4.8 09:07 0.4 14:43 4.1 21:09 -0.2
6 Sat	02:07 -0.6 08:17 6.1 15:02 -0.7 20:54 4.8	14 Sun	03:18 4.5 09:48 0.7 15:33 3.8 21:57 0.4	22 Mon	02:46 0.4 08:48 4.9 15:32 -0.1 21:21 3.8	30 Tue	03:20 5.0 10:11 0.1 15:51 4.1 22:09 -0.3
7 Sun	03:00 -0.4 09:11 5.8 15:53 -0.6 21:52 4.7	15 Mon	04:09 4.6 10:37 0.6 16:28 3.8 22:39 0.4	23 Tue	03:23 0.4 09:26 4.8 16:08 -0.1 22:03 3.8	31 Wed	04:25 5.3 11:11 -0.3 16:58 4.2 23:06 -0.5
8 Mon	03:52 -0.2 10:08 5.5 16:43 -0.4 22:51 4.5	16 Tue	04:57 4.7 11:22 0.4 17:18 3.8 23:20 0.4	24 Wed	04:00 0.5 10:07 4.7 16:45 -0.0 22:49 3.9		

Slack water at Sandy Hook occurs 50 minutes after H.W. and 1 hour and 10 minutes after L.W. and lasts about 25 minutes.

The phase age of the tide is the interval by which spring tides follow full or new moon, and thus likewise the interval by which neap tide follows the moon's first and third quarters. The phase of the tides at Ft. Hamilton is 26.5 hours.